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RICHEALTH[®]
WELLNESS
PACKS FOOD SUPPLEMENT

5 Supplements for 50+ Elderly
 • Vision Health
 • Joint Health
 • Bone Health
 • Muscle Health
 • Digestive Health

DESIGNED
FOR
50+

30 Packs

- Lutein/Zeaxanthin/Vitamin A Tablet**
Zeaxanthin and lutein are carotenoids that serve as potent antioxidants to support visual function and neutralize free radicals.
- Glucosamine/Chondroitin/Boswellia Tablet**
Glucosamine and chondroitin support joint mobility and comfort.
- Calcium/D3/K2 Tablet**
Calcium, Vitamin D3 and Vitamin K2 help support bone health.
- Calcium/Magnesium/B6/Boswellia Tablet**
Calcium, Magnesium and Vitamin B6 help support muscle function.
- Super Enzymes Probiotics Capsule**
Essential enzymes with probiotics support for overall digestive health.

*The above functional descriptions are for reference only, not claimed by EFSA.

RICHEALTH[®]
WELLNESS PACKS

Suggested Use: Take the contents of one pack daily with food for adults.

Super Enzymes Probiotics Capsule		Calcium/Magnesium/B6/Boswellia Tablet		Calcium/D3/K2 Tablet			
NUTRITIONAL INFORMATION		NUTRITIONAL INFORMATION		NUTRITIONAL INFORMATION			
Serving Size: 1 Capsule		Serving Size: 1 Tablet		Serving Size: 1 Tablet			
Bromelain	100mg	Magnesium	140mg	27%	Calcium	400mg	80%
D-amylose	40mg	Calcium	100mg	12%	Vitamin D3	25mcg	500%
Papain	100mg	Vitamin B6	3mg	24%	Vitamin K2	22.5mcg	30%
Protease A & B	200mg	Zinc	5mg	100%			
Chondroitin sulfate	20mg						
Acidophilus Probiotic	40mg						
Lactoferrin	10mg						
Invertase	20mg						
Lactase	10mg						
Malt amylase	20mg						
pancreatin	25mg						
Pepsin	20mg						
Lipase	25mg						
Cellobiase	15mg						
Hydrolyzed Soybean Lecithin	500mg						
Lactobacillus Probioticum	500,000,000 CFU						
Lactobacillus Casei	100,000,000 CFU	Vitamin A	4000mg	50%			
Lactobacillus Acidophilus	100,000,000 CFU	Copper	2mg				
Bifidobacterium Bifidum	100,000,000 CFU	Chondroitin	20mg				
Streptococcus Thermophilus	50,000,000 CFU	Bilberry extract	45mg				
Bifidobacterium Longum	50,000,000 CFU						
Lactobacillus Casei	100,000,000 CFU						
Lactobacillus Thermophilus	50,000,000 CFU						

Daily Pack for 50+ Elderly



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Sample

RICHEALTH[®] WELLNESS PACKS

FOOD SUPPLEMENT

5 Supplements for 30+ Women

- Multivitamin
- Vision Health
- Beauty
- Women's Health
- Energy

DESIGNED FOR 30+ WOMEN

30 Packs

Multivitamin Tablet

Multivitamins provide essential nutrients to the body.

Lutein/Zeaxanthin/Bilberry Extract Tablet

Zeaxanthin and lutein are carotenoids that serve as potent antioxidants to support visual function and neutralize free radicals.

Grape Seed /Rose Hips/Acerola Cherry Capsule

Grape seed extract and Vitamin C (from Rose hip fruit & Acerola cherry extract) help support collagen formation, skin health and antioxidant activity.

Cranberry Extract Tablet

Cranberry Extract and D-mannose can help prevent urinary tract infections and reduce the risk of recurrence.

CoQ10 Veggie Softgel

Coenzyme Q10 (CoQ10) is necessary for cells to produce energy, support energy health.

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RICHEALTH[®] WELLNESS PACKS

Suggested Use: Take the contents of one pack daily with food for adults.

Multivitamin Tablet

NUTRITIONAL INFORMATION		Serving Size: 1 Tablet	
	Amount Per Serving	% Daily Value*	
Biotin	100mcg	200%	
Vitamin B6	100mcg	20%	
Vitamin B9	5mcg	100%	
Cobalamin	1200mcg	15%	
Manganese	1000mcg	50%	
Transferrin acid	50mg	10%	
Vitamin E	120mcg	100%	
Calcium	1100mcg	22%	
Vitamin B12	500mcg	100%	
Vitamin A	25000 IU	50%	
Zinc	10mg	100%	
Vitamin C	60mg	120%	
Biotin	50mcg	100%	
Folic acid	1000mcg	50%	
Vitamin D	1000mcg	200%	
Vitamin B2	4mg	200%	
Copper	1000mcg	100%	
Magnesium	20mg	5%	
Chromium	50mcg	125%	
Iron	15mg	150%	

Grape Seed/Rose Hips/Acerola Cherry Capsule

NUTRITIONAL INFORMATION		Serving Size: 1 Capsule	
	Amount Per Serving	% Daily Value*	
Grape seed extract	100mg		
Rose hip fruit extract	5mg		
Acerola cherry extract	5mg		

Lutein/Zeaxanthin/Bilberry Extract Tablet

NUTRITIONAL INFORMATION		Serving Size: 1 Tablet	
	Amount Per Serving	% Daily Value*	
Lutein	120mcg		
Zeaxanthin	2mg		
Bilberry extract	60mg		

Cranberry Extract Tablet

NUTRITIONAL INFORMATION		Serving Size: 1 Tablet	
	Amount Per Serving	% Daily Value*	
Cranberry extract	120mg		
D-Mannose	100mg		
Bilberry extract	25mg		

CoQ10 Veggie Softgel

NUTRITIONAL INFORMATION		Serving Size: 1 Softgel	
	Amount Per Serving	% Daily Value*	
CoQ10	100mg		

Daily Pack for 30+ Women



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RICHEALTH® WELLNESS PACKS

FOOD SUPPLEMENT

5 Supplements for 30+ Men

- Multivitamin
- Vision Health
- Liver Health
- Men's Health
- Energy

DESIGNED FOR 30+ MEN



30 Packs

Multivitamin Tablet
Multivitamins provide essential nutrients to the body.

Lutein /Zeaxanthin /Bilberry Extract Tablet
Zeaxanthin and lutein are carotenoids that serve as potent antioxidants to support visual function and neutralize free radicals.

Milk Thistle/Turmeric Extract Capsule
Milk thistle and turmeric extract support liver protection from damage.

Saw Palmetto Extract/Lycopene Tablet
Saw palmetto extract and lycopene support prostate health.

CoQ10 Veggie Softgel
Coenzyme Q10 (CoQ10) is necessary for cells to produce energy, support energy health.

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RICHEALTH® WELLNESS PACKS

Suggested Use: Take the contents of one pack daily with food for adults.

Multivitamin Tablet

NUTRITIONAL INFORMATION		Amount for Serving		100%	
Serving Size: 1 Tablet					
Iron	100mcg	100%	100%		
Vitamin B6	500mcg	100%	100%		
Vitamin B1	5mg	100%	100%		
Calcium	1200mg	100%	100%		
Manganese	1000mcg	100%	100%		
Zinc	100mg	100%	100%		
Vitamin B12	200mcg	100%	100%		
Vitamin A	2700mcg IU	100%	100%		
Vitamin C	60mg	100%	100%		
Vitamin E	100mcg	100%	100%		
Vitamin D	100mcg	100%	100%		
Folic acid	1000mcg	100%	100%		
Copper	1000mcg	100%	100%		
Magnesium	750mg	100%	100%		
Chromium	500mcg	100%	100%		
Biotin	100mcg	100%	100%		
Beta	100mcg	100%	100%		

Milk Thistle/Turmeric Extract Capsule

NUTRITIONAL INFORMATION		Amount for Serving		100%	
Serving Size: 1 Capsule					
Milk Thistle extract	200mg	100%	100%		
Turmeric extract	5mg	100%	100%		

Lutein/Zeaxanthin/Bilberry Extra Tablet

NUTRITIONAL INFORMATION		Amount for Serving		100%	
Serving Size: 1 Tablet					
Lutein	12mg	100%	100%		
Zeaxanthin	2mg	100%	100%		
Bilberry extract	60mg	100%	100%		

Saw Palmetto Extract/Lycopene Tablet

NUTRITIONAL INFORMATION		Amount for Serving		100%	
Serving Size: 1 Tablet					
Saw palmetto extract	190mg	100%	100%		
Lycopene	1000mcg	100%	100%		

CoQ10 Veggie Softgel

NUTRITIONAL INFORMATION		Amount for Serving		100%	
Serving Size: 1 Softgel					
CoQ10	100mg	100%	100%		

Daily Pack for 30+ Men

